

2. Scoring the EQ-5D-5L descriptive system

This example shows how a health state is described using the EQ-5D-5L descriptive system:

Under each heading, please tick the ONE box that best describes your health TODAY.

MOBILITY

I have no problems in walking about

I have slight problems in walking about

I have moderate problems in walking about

I have severe problems in walking about

I am unable to walk about

SELF-CARE

I have no problems washing or dressing myself

I have slight problems washing or dressing myself

I have moderate problems washing or dressing myself

I have severe problems washing or dressing myself

I am unable to wash or dress myself

USUAL ACTIVITIES (e.g. work, study, housework, family or leisure activities)

I have no problems doing my usual activities

I have slight problems doing my usual activities

I have moderate problems doing my usual activities

I have severe problems doing my usual activities

I am unable to do my usual activities

PAIN/DISCOMFORT

I have no pain or discomfort

I have slight pain or discomfort

I have moderate pain or discomfort

I have severe pain or discomfort

I have extreme pain or discomfort

ANXIETY/DEPRESSION

I am not anxious or depressed

I am slightly anxious or depressed

I am moderately anxious or depressed

I am severely anxious or depressed

I am extremely anxious or depressed

Levels of perceived problems are coded as follows:

Level 1 is coded as a '1'

Level 2 is coded as a '2'

Level 3 is coded as a '3'

Level 4 is coded as a '4'

Level 5 is coded as a '5'

This example identifies the health state '12345'.

Notes:

- There should be only ONE response for each dimension
- Missing values are preferably coded as '9'.
- Ambiguous values (e.g. two boxes are ticked for a single dimension) should be treated as missing values.
- This example is for the EQ-5D-5L Paper Self-Complete. Instructions for the interview and proxy versions are provided with those instruments.

2.1 / What is a health state?

Each of the five dimensions comprising the EQ-5D descriptive system is divided into five levels of perceived problems:

- LEVEL 1: indicating no problem
- LEVEL 2: indicating slight problems
- LEVEL 3: indicating moderate problems
- LEVEL 4: indicating severe problems
- LEVEL 5: indicating unable to/extreme problems

A total of 3125 possible health states is defined in this way. Each state is referred to by a 5-digit code. For example, working clockwise from the top of the diagram, state 12345 indicates no problems with mobility, slight problems with washing or dressing, moderate problems with doing usual activities, severe pain or discomfort and extreme anxiety or depression, while state 11111 indicates no problems on any of the five dimensions.

A unique health state is defined by combining one level from each of the five dimensions.



3. Scoring the EQ VAS

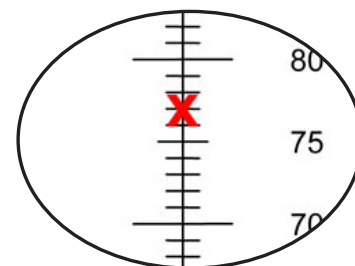
This example from the EQ-5D-5L Paper Self-Complete version shows how the EQ VAS is scored.

The best health you can imagine

- We would like to know how good or bad your health is TODAY.
- This scale is numbered from 0 to 100.
- 100 means the best health you can imagine.
0 means the worst health you can imagine.
- Mark an X on the scale to indicate how your health is TODAY.
- Now, please write the number you marked on the scale in the box below.

YOUR HEALTH TODAY =

The worst health you can imagine



For example,
the response above
should be coded as 77

Notes:

- For this example, the response should be coded as 77
- Missing values should be coded as '999'.
- If there is a discrepancy between where the respondent has placed the X and the number he/she has written in the box, administrators should use the number in the box (this is only relevant for the Paper Self-Complete version).